



Welcome Students

Welcome to a new academic year at Carroll College! On behalf of the entire Dining Services Team, I would like to thank you for participating in our on-campus dining program. We are excited to introduce you to this year's repertoire of delicious meal options, which includes a contemporary, crowd-pleasing selection of many of your favorite foods along with some of our own tasty specialties.

This dining guide has been designed to act as a quick reference to all of our services, so keep it handy throughout the year and enjoy all that we have to offer. We look forward to serving you!

Your Campus Dining Services Staff

Campus Dining Meal Plans

In order to meet your campus dining needs, we have designed the following meal plans for the 2007-2008 academic year. If you need to purchase a meal plan, or if you would like to make a change to the plan you have already selected, please contact the Carroll College Business Office located in O'Connell Hall.

Unlimited Access Meal Plan A: **\$1777/Semester**
Unlimited Access to All Meal Periods
Plus \$100 Flex

Unlimited Access Meal Plan B: **\$1624/Semester**
Unlimited Access to All Meal Periods
Except Late Night Plus \$50 Flex

Limited Access Meal Plan A: **\$1777/Semester**
Monday - Friday from 11AM - 7PM,
Weekend Brunch & Dinner Plus \$225 Flex

Limited Access Meal Plan B: **\$1624/Semester**
Monday - Friday from 7AM - 2PM,
Weekend Brunch & Dinner Plus \$300 Flex

Block Meal Plan A: **\$1777/Semester**
225 Block Meals Plus \$275 Flex

Block Meal Plan B: **\$1624/Semester**
175 Block Meals Plus \$375 Flex

Gold Upper Classmen Meal Plan: **\$995/Semester**
110 Block Meals Plus \$210 Flex

Silver Upper Classmen Meal Plan: **\$593/Semester**
64 Block Meals Plus \$165 Flex

Bronze Upper Classmen Meal Plan: **\$593/Semester**
32 Block Meals Plus \$365 Flex

Copper Upper Classmen Meal Plan: **\$385/Semester**
\$350 Flex

Having trouble selecting a meal plan?

Try considering your daily routine... Do you eat three meals a day? Will your class schedule, studying, extracurricular activities and social events interfere with dining? Will you miss dinner due to employment or evening classes? Anticipating the answers to these and similar questions will help you to select a meal plan that best fits your lifestyle.

Meal Cards

Selection of a Campus Dining Services Meal Plan entitles you to a Meal Card, which allows you purchasing power equivalent to the plan you have selected. Here is how it works:

The Carroll College Business Office will inform the Campus Dining Office which plan you have selected. You must show your Carroll College Student ID Card each time you wish to access the "Marketplace" dining room or one of the Campus Dining retail outlets located on campus. If you purchase a pizza to be delivered on campus by Pizza Hut through your available Flex Dollars, you must present your Carroll College ID Card to the Pizza Hut driver.

Lost Your Meal Card?

Lost or stolen Meal Cards can be replaced. Should this happen to you contact the Campus Dining Food Service located in the Lower Cube Lounge of the Carroll College Campus Center, Monday thru Friday from 8:30 AM to 4:00 PM. You will be provided a temporary pass for up to three consecutive meal periods to locate your missing Carroll College Student ID Card. If your lost or stolen Meal Card is not located, you must go to the Student Life Office located in Room 208 of O'Connell Hall to purchase a new Carroll College Student ID Card.

Welcome, Guests

Have a guest over for dinner! You are welcome to bring a friend or family member in the "Marketplace" for any meal." If you are on an "Unlimited" or "Limited" Option A or B Access Meal Plan, you may only use your available "Flex Dollars" or pay cash at the door for your guest(s). However, if you are on a Block Meal Plan, you may either use a "Block Meal" or "Flex Dollars" to purchase a guest meal.

Dietary Requirements & Sick Trays

Do you have particular dietary needs? No problem! Our Campus Dining Services Program can accommodate your special dietary requirements. For more information, please contact the Student Life Office located in Room 208 of O'Connell Hall. Requests for accommodation to purchase a particular meal plan or exemption to a meal plan will only be approved for certain financial considerations and medically prescribed diets which Campus Dining Services is unable to meet. Class or employment schedules, vegetarian / vegan and organic diets are not viable reasons to accomodate an exemption to a meal plan. A request must be filed for each new academic school year. Forms are available in the Student Life Office located in O'Connell Hall.

FAQs

Q: Do I need to purchase a meal plan?

A: It is the college policy that all designated Campus Residents purchase a meal plan each semester.

Q: Do Flex Dollars / St. Bucks carry over from year to year?

A: Flex Dollars are carried over from Fall to Spring Semester when a new meal plan is purchased in the spring. St. Bucks are not part of a meal plan and are carried over from fall to spring. Flex Dollars and St. Bucks are not carried over from one academic school year to the next.

Q: Do Block Meals carry over from semester to semester?

A: Block Meals do not carry over from semester to semester.

Q: Can I change my meal plan if it does not fit my needs?

A: Changes may be made to meal plans during the first week of school.

Q: If I am not a Residence Hall student, where do I purchase a plan?

A: Off campus students, faculty and staff may purchase one of the advertised meal plans described in this brochure at the Carroll College Business Office located in O'Connell Hall. St. Bucks may be purchased at the Campus Dining Office located in the Campus Center. Cash, personal checks and credit cards are accepted as payment.

Dining Policies & Procedures

One of our main goals is to provide a pleasant, clean, comfortable and satisfying dining experience. In order to meet this goal, we ask for your assistance with the following procedures:

- Please bus your tray and disposables from your table when you have finished dining.
- Remember that Meal Cards are non-transferable. Meal cards cannot be used by anyone but the purchaser.
- We supply nutritional information for the entrees we serve so that you can make smarter choices. Check out our Wellness website at www.balancemindbodysoul.com or our Wellness information center located in the "Marketplace" dining room.
- If you are ready to leave the dining room area but want to grab a piece of fruit, cookie or ice cream cone, be our guest. But please remember that only food you are in the process of eating can be taken from the dining room. China, glassware, tableware or items wrapped in napkins cannot be allowed to leave the dining area.

Catering Services

We are pleased to be able to offer a full repertoire of catering services as part of our Campus Dining Program. From simple parties and bountiful buffets, to elaborate dinners and elegant events, our Catering Department can be the solution to your special event needs. For more information, call our Catering Department at 447-5191.

The Perfect Time To Dine

Our dining program has been designed with you in mind. Flexibility, varied hours and a choice of dining locations will all enable you to find the perfect place at the perfect time. Please refer to our dining schedule when planning your meals.

Marketplace- located in the Campus Center

Weekday Meals

Breakfast7:00am - 9:30am
Brunch (Continental)9:30am - 10:30am
Lunch11:00am - 4:00pm
Dinner (Monday - Thursday)5:00pm - 7:00pm
Friday Dinner5:00pm - 6:30pm

Weekend Meals

Brunch11:30am - 1:00pm
Dinner4:30pm - 6:00pm

Cyberwrap Cafe

Monday- Thursday7:30am - 6:00 pm
Friday7:30am - 2:00pm
Late Night (Sunday - Thursday)7:30pm - 10:30 pm

As a helpful suggestion, please note that when you are looking our dining schedule that the "Marketplace" offers: a continuous breakfast program on a Monday through Thursday basis featuring a hot breakfast from 7:30 AM to 9:30 AM followed by continental from 9:30 AM to 10:30 AM. Starting at lunch, all platforms are opened from 11:00 AM to 1:00 PM followed by the Grill, Deli and Salad Bar platforms from 1:00 PM to 4:00 PM. Dinner on a Monday through Thursday basis is open with all platforms from 5:00 PM to 7:00 PM followed by Late Night Snacks from 7:30 PM to 10:30 PM in the Cyberwrap Cafe.

Featuring Your Favorites...!

Finding your favorite foods on campus is a snap. We are proud to offer a dining program complete with signature brands and menu selections that entail just about every item you can imagine. Just feast your eyes on our many selections!

Ultimate Dining offers an innovative approach to resident dining. A totally integrated food program that brings to you a great selection of fresh foods being served at different platforms. The following is a brief of some of the dining options you will see...

Classics- Offering soul-warming stick-to-ye ribs cooking with a creative flair. Wholesome meals based upon traditional comfort foods. At the classic station you can find a well rounded meal including meats carved to order.

Pizza-rette- The best pizza made hot and fresh with your favorite toppings served along side a host of specialty casserole dishes or hot loafer sandwiches cooked especially for you.

The Grille- Your favorite Steakhouse marinated burger with a side of fries cooked right in front of your eyes. In addition, the grill will feature a host of daily specialty sandwiches.

Subs & Sandwiches- Combining old fashion deli style with contemporary sandwich innovations. Thinly sliced deli meats and cheeses served on your choice of bread with a variety of toppings.

Soups n Salads- Which feature soups, stews, chowders, chili and a salad bar with endless varieties of fresh mixed greens, designers' salads, croutons, and fresh baked breads and rolls.

Desserts- Offering a tempting selection of sweets, including homemade cakes, cookies, pies and other treats. It's the perfect ending to your satisfying meal.

Our Campus Dining retail outlets offers a wide array of options to select from:

Cyberwrap Cafe

We have wrapped four food offering under the umbrella of a coffee shop. Hungry for a sub or wrap sandwich, a Freshens Smoothie, need something from our C-Store or just something to warm you up from Espresso Thysself, we got it all.

Cafe a la cart

A small convenience store located in Simperman Hall featuring homemade salads and sandwiches, with an array of assorted beverages and snacks.

Campus Dining Employment

Earn extra income while on campus, make friends, have fun and learn something by being a Campus Dining Services employee. We offer flexible hours to fit your class schedule, competitive wages and the benefit of working "close to home." Interested students should contact the Campus Dining Office located on the west end of the Carrroll Campus Center or call 447-5195.

Call Us!

We invite and encourage you to call us anytime with questions, comments or suggestions about our Campus Dining Program. Your feedback is always welcome as it can only help us to serve you better.

Office

General Manager
& Executive Chef447-5195

Kitchen

Kitchen Manager447-5193

Catering

Catering Coordinator447-5191

At Your Service

It will be our pleasure to offer you the best that Campus Dining has to offer. We wish you the very best for your academic year, and of course, happy eating!

Carroll College

DINING GUIDE



2007-2008